### BRAVA DA FORTALEZA BEACH TRAIL



Praia Brava da Fortaleza, in Ubatuba, stands out as one of the most isolated beaches, accessible from the Praia Dura entrance via a narrow road that runs along Dura, Brava do Sul, Vermelha do Sul and Costa beaches. Located in Enseada da Fortaleza, Praia Brava da Fortaleza maintains its almost untouched nature. Surrounded by the lush vegetation of the Atlantic Forest, it has white sand, clear waters and a rock formation in the right corner, providing a suitable environment for bathing and diving.

Difficulty level: EASY

Access to this beach is via a trail that starts on the road between Praia Dura and Praia da Fortaleza, close to Km 6 of that road. Attention is required as the trailhead is discreetly marked, and parking space on the road is limited.

Along the beach, a small stream runs down from the source, spreading across the sand towards the sea. It is worth noting that Praia Brava da Fortaleza does not offer any tourist infrastructure, accommodation or food options, and it is recommended to bring water, drinks and snacks.



### TRAIL OF THE 7 BEACHES

Difficulty level: DIFFICULT

10

The Seven Beaches Trail starts at Praia de Fortaleza, but it can also start at Praia da Lagoinha. With a clean and crystal clear sea, this trail is one of the most popular in the region. Taking this route you start with the most intense part at the beginning, then just enjoy the view. The best months for hiking are between May and August. The climate is milder and the volume of rain is lower.

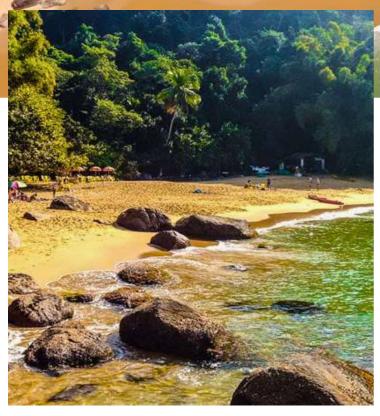
We recommend a guide for this difficult level trail, @guia\_agatha





ON THIS TRAIL YOU WILL FIND THE FOLLOWING BEACHES. Praia da Lagoinha, Praia do Oeste Praia do Peres, Praia do Bonete Praia Grande do Bonete, Praia do Deserto Praia do Cedro do Sul, Praia da Fortaleza

### Cedro Beach Trail (Cedrinho)



Difficulty level: EASY

Praia do Cedro reveals itself through an 800meter downhill trail, providing a unique and accessible experience. To find the starting point of the trail, you need to enter the entrance to Praia do Tenório. When you reach the condominium entrance, turn left. As you run parallel to the entire length of Tenório and Vermelha beaches, the dirt road bends to the right, the beginning of the trail reveals itself. The dirt road is narrow and winding and may have some potholes. The trail that leads to Cedrinho is easily identifiable, and there are also indicative signs along the way.

There is street parking and, to the right, a space in the woods is available to serve as parking.

On the left side, there is a paid parking lot, especially during high season. We recommend arriving early as the place can get busy.

The Praia do Cedro Trail, lasting 10 to 15 minutes, is quiet, short and reasonably steep, going downhill and returning uphill. The suggestion is to make the climb slowly, making it accessible to all ages, but it is crucial to avoid the trail on rainy days due to the possibility of slippery conditions.



Acesso Almada/Engenho KM 13

Almada

and

Estaleiro

Acesso Fazenda KM 11

Ubatumirim

Praia do Puruba Praia da Fazenda

Picinguaba

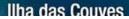
#### Praia Brava da Almada

#### Ilha Comprida

13

### Brava da Almada Beach Trail

) llha da Pesca Ø llha da Selinha Difficulty level: EASY



Ubatumirim, following Rio-Santos. do Ubatumirim and islands along the way. There are two ways to hike the paradisiacal Praia Brava da Almada, widely sought after by surfers. The most common option starts at Praia do Engenho, north of Ubatuba, after Praia do Access via the narrow 3 km road, with signs indicating Almada, offers magnificent views of Praia

Upon arriving in Almada, head to Praia do Engenho through a passage with a ramp and stairs in the left corner. In the middle of the beach, a small sign indicates the beginning of the trail, a steep climb that crosses a hill and is the only access to Praia Brava da Almada, which can be completed in 20 to 40 minutes.

**ATTENTION:** This other path already raises the difficulty to 'Hard'. This trail takes longer and starts at Fazenda beach. Accessible via a secondary dirt road at km 11 of the Rio-Santos Highway. Park near the Park Visitor Center, 700 meters from the highway entrance. Due to its difficulty, the trail requires the presence of accredited monitors, and you can schedule the tour directly with Serra do Mar

State Park. Lasting 4 hours, the route highlights imposing trees such as Araçá Piranga, Canelas and Uricuranas. Passing through Saco das Taquaras, you reach the stunning Praia Brava da Almada, isolated and with views of the Comprida and Couves islands. An additional 30-minute option takes you to bustling Praia da Almada,

a fishing village with guesthouses and restaurants. Upon arrival, clear stream between rocks and sand provides a charming setting, revealing a beach with thick sand and strong waves. Isolated and almost deserted, Praia da Almada invites you to enjoy the

bunotttooumched nature, with the strong current and holes at the requiring care, while the rocks in the right corner offer an





Below this rock, there is a smaller one, more suitable for beginner divers.

Another attraction is a rock that serves as a slide, allowing visitors to go down to the well using floats.

In addition, in the Cachoeira da Renata area, there is a bar that offers snacks and parking for a fee.

Finally, the waters that flow from Serra do Mar, after passing through Cachoeira da Renata, join other water currents, forming Cachoeira Dois and Cachoeira do Corrêa.

IMPORTANT INFORMATION To get to Cachoeira da Renata, follow Praia da Maranduba, located at km 76.5 of the Santos River highway. After traveling 4 km, access is divided, being one part by a paved road and another by a land, both in the Sertão da Quina neighborhood. The waterfall is located on the premises of the Site Santa Cruz, just 200 meters from the concierge. On site, is available parking with cost

### Renata Waterfall

Cachoeira da Renata stands out as the most popular waterfall in the region, offering an excellent structure with a kiosk and bathroom for visitors.

This location is home to the largest and deepest well in the area, providing a refreshing experience for swimmers.

From Cachoeira da Renata, there are trails that lead to other waterfalls, such as Poço Verde and Água Branca. However, it is essential to only follow these trails in the company of specialized guides. We always recommend a guide.

The waterfall has a rock approximately 5 meters high, ideal for jumping, but it is advisable that only those familiar with the place or with diving experience attempt this activity.

> IXO não volta SOZINHO levá - 10 sempre com você. Não suje caminhos nem cachoeiras, cuide BEM DA NATUREZI

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## **Surfboard Paradise**

### Camburi Das Pedras Beach

Known as one of the most famous and constant peaks in São Paulo, Praia de Camburi offers strong, trough and forward waves. Regardless of the direction of the swell, it is common to find a ditch to satisfy surfing enthusiasts. Highlight is the famous wave that breaks over the slab in the left corner of the beach. In the middle of the beach, an excellent wave is located in front of the wooden deck. Additionally, the "bowl" in the right corner works well when the swell has an easterly influence, providing exciting barrels. Camburi das Pedras is home to a fishing village, representing a traditional community. The beach, with white sand, is suitable for swimming and, at certain times, offers favorable conditions for surfing. Located in the extreme north of Ubatuba, almost on the border with Paraty, RJ, Camburi das Pedras Beach is part of the Picinguaba Center, inserted in the Serra do Mar State Park, covering around 47,000 hectares and protecting approximately 80% of the municipality.

Size: 1 to 9 feet / Ideal swell: Southeast Northeast South Ideal wind: East Quadrant North Quadrant / Degree of difficulty: Medium - Low Best season: Autumn - Spring / Constancy: High | Crowd: Intense



Recognized as a World Heritage Site by UNESCO, this stretch of São Paulo's coastline is unique, preserving coastal ecosystems, including beaches, mangroves, rocky shores and restinga forest.



Access to the beach is via a dirt road that crosses an old coffee farm, presenting somewhat adverse conditions. Local infrastructure includes a campsite, houses for seasonal rentals and rustic bars. To reach Camburi from the center of Ubatuba, it is approximately 46 km along the BR-101 towards Paraty, followed by another 7 km via a secondary road. There is also a regular bus line from the Ubatuba Bus Terminal.



### **Gastronomic Tour**

Ubatuba offers a wide variety of gastronomic options along its extensive coastline. Choosing where to stay can impact the ease of access to different restaurants, especially at night. The Center of Ubatuba, particularly in the Praia do Itaguá and Praia do Cruzeiro regions, has the majority of restaurants, offering a diversity of menus and prices for all budgets.

When exploring the Center region, Rua Guarani stands out, an important area of the city that offers excitement and a variety of gastronomic options. This street is known for housing the largest concentration of restaurants, bars and tourists in Ubatuba. Establishments range from popular self- services to refined Asian menus, ensuring there are meals to suit all tastes and budgets. The movement is constant, both during the day and at night.

For those looking for a diverse culinary experience and wish to explore different flavors, the Ubatuba Center is a strategic choice, offering easy access to a wide range of restaurants.



### **Houses for Rent**

The first 3 houses. They are the same, same shape, only the furniture changes. Neighborhood: Praia Grande. Price varies depending on the time of year.

Low season \$700/800 daily High season/holidays \$1,000/1,500

- Townhouse with 3 bedrooms, 2 of which are suites, plus a guest bathroom and toilet. Living room and kitchen, barbecue, and garage for 2 cars.
- House located on the seafront in a gated community, with swimming pool and 24-hour concierge.

Accommodates up to 10 people including babies and children, and animals are not allowed



For more information, contact broker Ana Oliveira. She is on hand to help and provide personalized guidance in an efficient and enlightening manner. WhatsApp:12996531548

### **Apartment for Rent**

apartment in Praia Grande Low season \$500/600 daily High season \$800/1000 daily Apartment in the Bambu condominium, seafront, located in Praia Grande in Ubatuba - SP. • The property has 2 suites + 1 bathroom, living room, kitchen and gourmet balcony. Accommodates up to 6 people.

• The condominium's leisure area has a heated adult and children's pool, sauna, gym, and kids space.



For more information, contact broker Ana Oliveira. She is on hand to help and provide personalized guidance in an efficient and enlightening manner. WhatsApp:12996531548

> Instagram of Partners who Also Rent. @aluguelmaranduba | @vivaubatubarents |@ubatuba\_pessoa\_ @lidianoccerino\_imoveis | @apartamentos.ubatuba.maranduba

# Culture and Attractions<sup>74</sup>

Caiçara culture stands out at Sobradão do Porto, a historic building for exhibitions and folkloric performances. In Ubatuba, the union of science and technology is represented by the aquarium in Itaguá, revealing the incredible diversity of marine life. Explore even more charms and attractions throughout the region!



The guided visits take participants to tanks full of sea turtles, making the program unmissable for anyone traveling with little ones. @projeto\_tamar\_oficial Address: R. Antônio Atanázio, 273 - Jardim Paula Nobre Telephone: 12 3832-6202



Built in 1846, this neoclassical building listed as a National Historic Site is managed by the Ubatuba Art and Culture Foundation (Fundart). The space promotes exhibitions by local artists, caiçara cultural presentations and offers typical crafts, CDs, DVDs and books that preserve regional traditions.

Address: R. Condessa de Vimiero, 38 -Centro. Telephone: 12 3833-7000



The guided visits take participants to tanks full of sea turtles, making the program unmissable for anyone traveling with little ones. @aquariodeubatuba.oficial Address: Rua Guarani, 859 - Itaguá Telephone: 12 3834-1382

#### Aldeia Boa Vista



Recently opened for tourism, the indigenous village offers itineraries that reveal the Guarani culture and way of life. Guided by residents, the tours include trails, bathing in rivers, local cuisine, history and activities such as archery. Some hotels and the company Ecotuba offer the itinerary, providing five hours of immersive experience in nature. Address: R. Aldeia Boa Vista - Prumirim. Schedule with Luiza Keretxu 12 99618-8595 or Valdecir Wera-Mirim (12) 99700-0653. @aldeiaboavista

# **Culture and Attractions**<sup>75</sup>



The old pier, in the right corner of Ubatuba Bay, was a crucial point of fish landing and seafood. According to historical reports, it was planned to build a railway station on the site to connect the Paraíba Valley to the coast. Access to Caisão from the Port of Ubatuba is by Estrada do Porto, beginning at the end/beginning of Av. Leovigildo Dias Vieira, the promenade of Praia do Itaguá



The Nossa Senhora de Fátima Church, known as "Castelo dos Heralds", stands out on Praia do Pulso with almost 9 thousand m<sup>2</sup> of built area. With the appearance of a medieval castle, it is an intriguing attraction for tourists and fishermen. Access is via a dirt road, leading to a location close to the entrance of a high-end condominium. Internally, the church impresses with its sumptuous beauty, highlighted by its stained glass windows and views of the sea. Next door, a well-built and luxurious chapel, and the garden houses 13 replicas of the prophets, the work of Aleijadinho. Rua Benedita Luiza dos Santos, 1777 Antiga, Estr. da



The Ruins of Lagoinha, south of Ubatuba, understand what's left of the old device of the Fazenda do Bom Retiro and the pillars of alleged first glass factory in Brazil. Built in 1828 by the French engineer João Agostinho Stevenné, the former Farm Bom Retiro has only 3 pillars, but keeps a lot of history and curiosities. Located in the neighborhood of Lagoinha by the highway, this visit becomes more enriching with the services of a professional tour guide. Address: Av. do Engenho Velho, 1062 -Lagoinha, Ubatuba



Quilombos, formed by escaped slaves, were centers of resistance in Brazil. In Ubatuba, there are four quilombos, providing an immersion in Brazilian culture with African roots, with history, traditional knowledge and activities such as visits to waterfalls, trails and preparation of typical foods. In the Sertão da Fazenda quilombo, experience the organization, learn from the Griôs and participate in a lively jongo circle to the sound of drums. Website: https://ecotuba.com.br/passeios/quilombo-dafazenda/

# ADVENTURE PICO DO CORCOVADO



The Pico do Corcovado, standing at 1,160 meters, majestically stands out in Ubatuba, shrouded in mystery and legends of treasures protected by enchanted spirits. Located in the Serra do Mar, it offers panoramic views of the northern coast of São Paulo and the Paraíba Valley. Two trails, monitored by the Forest Foundation, lead to its summit.

The longer, gentler trail starts from the State Park of Serra do Mar in Natividade da Serra. The shorter but steeper alternative begins in the Corcovado neighborhood and is the more popular choice. There is a third option starting from the Cachoeira dos Macacos neighborhood, not open to visitors. The trail through Natividade da Serra, covering 18 km (round trip) and a 750-meter elevation gain, requires prior scheduling and the accompaniment of an accredited guide. The Ubatuba trail, shorter at approximately 15 km and steeper, also requires advance scheduling with the Forest Foundation and an accredited guide.

The Natividade da Serra trail, starting in the Vila da Vargem Grande, covers 15 km along SP 125 to Núcleo Santa Virgínia. The hike, with an average duration of 9 hours, faces difficulties and must be scheduled in advance. The Ubatuba trail, starting in the Corcovado neighborhood within the State Park of Serra do Mar, Núcleo Picinguaba, is challenging, with a 1,000-meter elevation gain. It is recommended for experienced hikers and requires advance scheduling. Both trails provide a unique experience, revealing the grandeur and beauty of Pico do Corcovado, a natural treasure of Ubatuba. Reservations can be made via email with the Forest Foundation. e-mail: npicinguaba.agendamento@fflorestal.sp.gov.br.

